

Stepping Up and Unlocking Your Profit Potential

Are You Worth It?

SPIRITUAL
The Empowerment
Toolkit

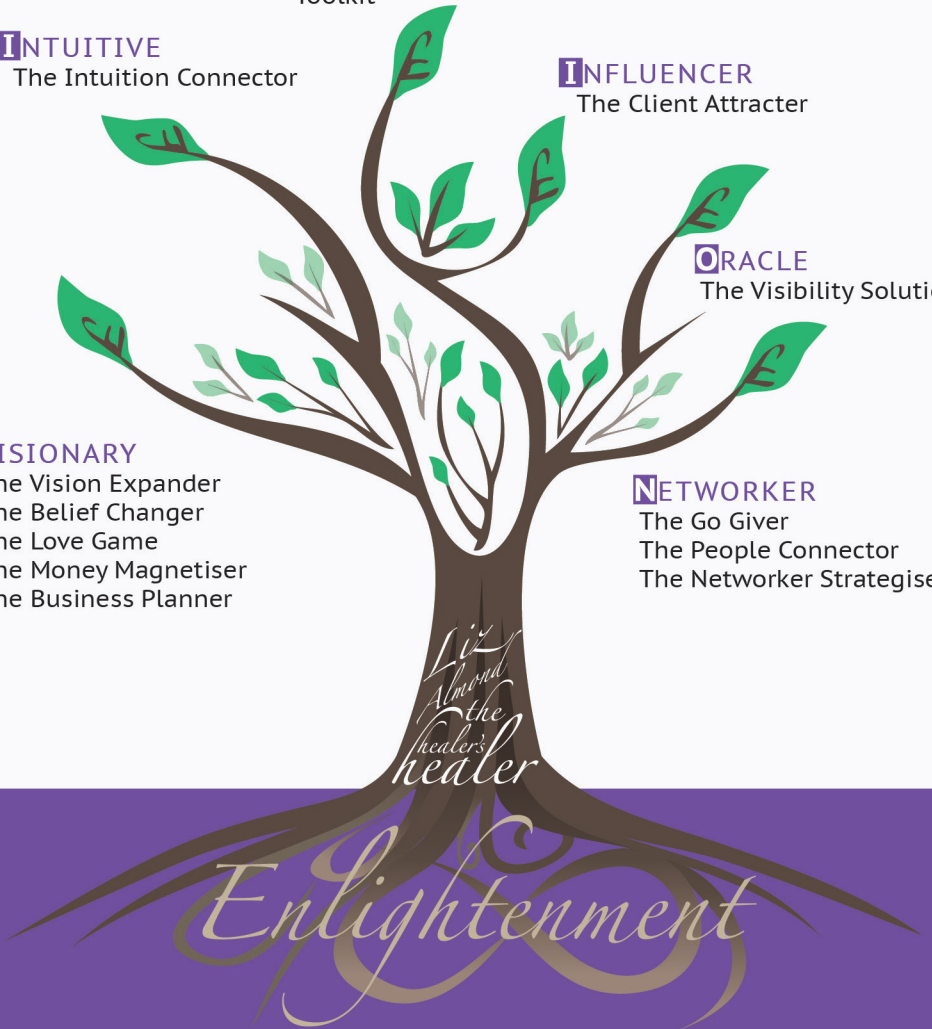
INTUITIVE
The Intuition Connector

INFLUENCER
The Client Attractor

ORACLE
The Visibility Solution

VISIONARY
The Vision Expander
The Belief Changer
The Love Game
The Money Magnetiser
The Business Planner

NETWORKER
The Go Giver
The People Connector
The Networker Strategiser



The VISIONary system. Be you, be true, be authentic!

Are you Dreaming of Being Financially Free?

If you would like to be free from worry and anxiety about money and have more fun and happiness in your personal and business life, then you need Insightful Minds.

Whether you are new to business or more experienced, Insightful Minds will help you develop your mindset, expand your vision and sustain your passion and profits for years to come. Through a series of workshops and 1-1 sessions, you will learn how to step up and unlock your profit potential.

By investing in you and your business, you will find success and happiness which will give longevity and stability to your business and personal life way into the future. Insightful Mind's unique VISIONary system will empower you to understand yourself as the leader of your business, a visionary and to be fully in tune with your own and your client's needs.

'Liz is an insightful business owner who has learnt many lessons herself and openly shares her experience with others. Her massive amount of skills allow her to support business owners with a range of issues they may need to overcome personally or professionally. If I wanted to take a step forward and I don't know where to start, I would always go to Liz for advice.'

Rebecca Robertson, Financial Planner

'There have been noticeable shifts in my behaviour and thinking since I spent a day with Liz. I feel that I have been propelled forward into taking action in areas of my life where I had previously felt truly stuck – even de-cluttering my home has become easy! Thank you Liz.'

Jad Orłinska, Web Consultant

'I was amazed just how quickly Liz Almond picked up on what I am able to provide and where I am stumbling over my own feet but Liz is so positive in the way she provides the support, Liz is honest and open and very experienced but at the same time acknowledges businesses and those who own them are going through continual change and Liz helps so well at supporting the vision of where you can get to but also how to get there.'

Claire Hall, Reflexology Trainer



Created by multi award winning, inspirational spiritual teacher, therapist, coach and business mentor Liz Almond, Insightful Minds will give you expert insights into what you need to do to make money in your business, to be profitable and to get out of debt. Liz has helped hundreds of business owners become financially free.

Liz is trained in multiple therapies to a high level and uses an integrated approach to empower and enlighten her clients.

Are you feeling stressed, anxious or overwhelmed?

Liz offers a tailored one to one programme blending, 1-1 coaching, therapy and workshops. You will work closely together to uncover issues which are affecting the profitability of your business and Liz will enlighten and empower you to take action to make changes to your health, wealth and happiness.

Liz will work with you from the start-up stage of your business and beyond. Your business and personal life is one and the same, and Liz will show you how to expand your business vision for creating the life you truly desire and to be financially free.

If you would like to find out more, please email liz@insightfulminds.co.uk or call **07815 904848** to arrange a complimentary Charge More, Work Less Discovery Session.

Ideal for business owners who are:

- feeling stressed, anxious and overwhelmed by their business or personal life being out of control and unbalanced
- suffering from a chronic illness/health condition e.g. depression
- actively seeking financial freedom or to take their profits to the next level
- struggling with their visibility via camera and public speaking
- new to business and who need guidance and a helping hand
- working as coaches, therapists, consultants or trainers who need to know how to attract their ideal clients quickly
- needing clarity and direction about the next step to take with their business or personal life

'Liz you are an amazing lady and really helped me no end in my mission to move on. Liz had me crying with laughter at some of the ridiculous things I have been doing in my business that don't work and has given me plenty of challenges to help me and my business grow!'

Sue Boswell, Doterra Essential Oil Consultant

'I am so glad that I did the Charge More Work Less Programme because I am clear on the mindset, business qualities and resilience needed to start and maintain a business.'

Jacqui Ruddock – Coach & Therapist

'Such great shifts! I feel energised and powerful, like I can do anything! I can't wait what the future holds from me and more shifts that I know will come out of this session. Thank you Liz for being such an angel!'

Morena Russell, Profit Strategist

'I love you Liz! This month I earned the highest amount of money than I have ever earned in my life.'

Basma Alkos, Counsellor

Insightful Minds Workshops and Courses

If you run an ambitious small business, Insightful Mind's workshops and courses, offer you the opportunity to:

- learn new skills such as how to network, communicate magically, manage your money mindset, use mindfulness techniques and coaching tools in your business to gain personal success and to reduce stress and overwhelm
- transform your ability to concentrate, focus and make empowered decisions
- connect with other business owners to gain support
- gain accountability, support and guidance
- become more financially savvy about pricing, and managing your accounts, financial planning and charging your full worth

Courses/Workshops Available

- Tea & Business Start Up Wisdom
- Stepping Up and Unlocking Your Profit Potential
- Vision Board Creation
- Creating Profitable Connections by Networking Magically
- Profit Magnetiser (Business Essentials)
- Client Attractor
- Money Mindset
- Money Energiser – Practitioner and Master Practitioner
- Money Mindfulness Meditation
- Awakening the Visionary Within Leadership Group Coaching Programme

Additional Services

- Assessments of public speaking engagements and workshops - confidence building, profitability and delivery
- Business startup mentoring and strategy

For more information about each workshop or course, please find the course descriptors at www.insightfulminds.co.uk. All workshops can be adapted to be delivered for small businesses with employees. **Book a complimentary discovery session to find out more about which course is right for you.** liz@insightfulminds.co.uk